

## **POLICY: Student Wellbeing**

---

### **1. PURPOSE**

The purpose of this policy is to describe Brisbane Catholic Education's (BCE) approach to student wellbeing.

This policy must be read in conjunction with: Preventing and Responding to Student Bullying and Harassment in Schools policy; Student Attendance policy; Student Behaviour Support policy; Student Protection policy; BCE Learning and Teaching Framework; Family Engagement guideline; and the Catholic Education Archdiocese of Brisbane Code of Conduct.

### **2. RATIONALE**

The holistic growth of the child is supported by practices of wellbeing to achieve improved learning outcomes. Effective student wellbeing practices at school can have positive impacts for life.

Research suggests that there are strong links between a positive sense of wellbeing and higher levels of achievement, engagement with learning, attendance, resilience, and positive student behaviour.

### **3. POLICY STATEMENT**

BCE is committed to creating quality learning opportunities for all students and to grow, engage, progress, and achieve wellbeing.

Student wellbeing and learning are inseparable, embedded in the life of the school, and achieved with the cooperation of employees, students, parents and guardians, and the broader school and parish community.

BCE's commitment to our students, parents and community is that our schools will be learning and teaching environments where students are successful learners, confident and creative individuals, and active and informed citizens able to achieve their full potential.

### **4. PRINCIPLES**

BCE achieves a whole school approach to student wellbeing through eight key elements:

- leadership: teachers and school leadership take responsibility for developing and implementing wellbeing and pastoral care initiatives and by modelling personal and social skills that promote wellbeing and resilience
- policy: communicating policies, processes, and structures that reflect Catholic mission and values and are collaboratively developed to support student wellbeing
- engagement and culture: supporting students to feel safe and supported, connect to teachers and the learning context, be socially responsible and reach positive life goals
- safeguarding: students learn best in school environments where they feel safe, both physically and emotionally, and their rights are protected
- learning: each student clearly understands what they are learning and why, receives timely and relevant feedback on progress, sets goals to improve their own learning, and has a range of strategies to use. Strengths-based and student-centred learning ensures

that students have a voice and there is a focus on engagement in learning, enhancing motivation and using a growth mindset

- evidence-based interventions: strengthening the mental health of our students through current, relevant and evidence-based proactive, preventative initiatives
- early interventions: establishing effective processes for early identification of students who need, or could benefit from, additional support
- partnerships: working collaboratively with employees, students, parents and guardians, school and parish community to care for the cognitive, spiritual, physical, intellectual, and emotional wellbeing of students.

## **5. REFERENCES**

- BCE Learning and Teaching Framework
- Catholic Education Archdiocese of Brisbane Code of Conduct
- Pastoral Care and Student Wellbeing Position
- Family Engagement guideline
- Preventing and Responding to Student Bullying and Harassment in Schools policy
- Student Attendance policy
- Student Behaviour Support policy
- Student Diversity and Inclusion policy.